

About API

American Psychotherapy Institute (API) is a leading provider of mental health continuing education seminars, workshops, and professional trainings. Many of the workshops and seminars conducted by API lead to professional certification and credentialing in different specialty areas of the mental health profession. *American Psychotherapy Institute* through the expertise and experience of its instructors, many of whom are respected university professors that have committed their professional careers to studying, researching, and teaching about their particular expertise. This provides engaging and practical hands-on skills, strategies, and interventions that will improve your knowledge base and allow you to expand your expertise in helping your clients or organizations. In addition to our seminars and workshops, API offers continuing education credits, and training to professionals and organizations through in house training, publications, and an online on-demand training site (coming-soon).

American Psychotherapy Institute provides training for:

- Licensed Professional Counselors (LPC),
- Marriage and Family Therapists (LMFT),
- Licensed Clinical Social Workers (LCSW),
- Licensed Psychologists,
- Graduate Students and Interns
- Teachers, Students, and School Nurses
- Police Departments and Officers
- Justice Department Officials



Custom-tailored Trainings

All of our workshops, seminars, and courses can be custom-tailored to fill the amount of time you prefer. Typically, they are done in either 1.5 or 3 hour blocks.

The amount of information and detail included in each presentation will depend on the needs of your organization or targeted audience. Our trained instructors, whom are all fully licensed mental health professionals, will work with you and your organization in creating the most efficient and effective training curriculum to meet your desired specifications. Furthermore, we can combine as few or as many of the presentations listed in the brochure to complete a high quality, in service training to the specifications your organization or audience desires.

For more detailed information, pricing, or to custom tailor a program for your organization, please contact us today.



American Psychotherapy Institute

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www.APICourses.com



AMERICAN PSYCHOTHERAPY INSTITUTE

Your source for high quality,
professional Mental Health Related
education

Board Approved Continuing Education
Provider for TX LPC, LMFT, LCSW, and LP

Audiences

For Students

- Social Media IQ (Safety & Intelligence)
- Dating (Violence, Healthy Habits, etc.)
- Interpersonal and Social Skills
- Assertive Training (Anti-bullying/ Self Esteem)

For Teachers

- Counseling Diverse Populations: What is Necessary for you to know in Working With Minorities and Children Living in Poverty (Elementary and Secondary split)
- Classroom Management Through Relationships (Elementary and Secondary split)
- What is ADHD/ODD and What Do I Do With it

For School Counselors

- Social Technology on School Campuses; Implications and Interventions
- Grief, Bereavement, and Loss
- Identifying and Treating Children on the Autism Spectrum Disorder (Aspergers, etc..)

For Private Practitioners & School Nurses (LPC/LMFT/LCSW/LMSW/LP/RPT/LCDC)

- Sex Therapy Certification
- How to Start your Private Practice
- Safeguarding your Practice (Code of Ethics/ Legal Codes/ Notes and Documentation)
- Self-care & Wellness
- Diagnosis & Billing
- Psychotropic Psychopharmacology

For Counseling Interns & Graduate Students

- National Counselor Examination Training (NCE, CPCE)
- Licensed Chemical Dependency Counseling Certification



For Judges (Justice System)

- Conflict Resolution & Anger Management Training
- Feminist Sensitivity Training in Domestic Violence Cases
- Parent-Child Relationship Therapy
- Reunification Therapy Process
- Truancy Training and Groups
- Shoplifting
- Substance and Alcohol Abuse Training
- Non-Suicidal Self Injurious Behavior
- Marriage Classes

For Police Departments (City/ISD)

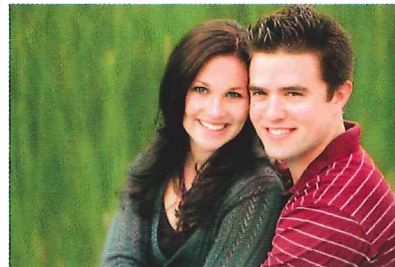
- Crisis Intervention Training (40 hours of Training) - Connecting Police to Community Mental Health Resources

For Corporations and Organizations

- Marriage Retreat
- Group Dynamics
- Executive Coaching
- Culture Assessments and Training

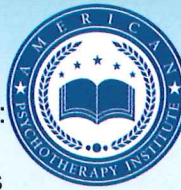
For Churches

- Social Media and its Impact on Relationships
- Social Media Education for Parents (YikYak, SnapChat, The Kids Are Using WhatsApp?)
- Men's program - Bringing back the Gentlemen Code of Honor
- Parent-Child Relationship Therapy
- Faith & Wellness
- Infant Parenting (Happiest Baby on the Block)



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Topics



Diversity

- Counseling Diverse Populations: What is Necessary for you to Know in Working With Minorities and Children Living in Poverty

Social Media

- Social Media and its Impact on Relationships: Parenting, Dating, Marriage, and Counseling Implications with Infidelity, Divorce, and Transparency
- How we get Influenced by Social Media and we don't even know it

Law and Ethics

- Privacy and Protected Health Information, HIPAA, HITECH, and TX HB300 (Texas Medical Privacy Act) (REQUIRED TRAINING FOR TEXAS COVERED ENTITIES - First 90 days of employment and Bi-annually)

Crisis Intervention

- Crisis and De-escalation
- Trauma Processing Training (PTSD)
- Grief, Bereavement, and Loss

Mental Health Psycho-Education

- Substance Abuse & Alcohol Use
- Addictions (Gambling, Gaming, Sexual, Pornography Addiction)
- Distorted or Irrational Thinking
- Interpersonal and Social Skills
- Understanding the Anatomy of Depression and Anxiety and how to Treat
- Conflict Resolution & Anger Management (Feminist Sensitivity Training in Domestic Violence Cases)
- Parent-Child Relationship Therapy

Relationships, Parenting, and Marriage

- Marriage Enrichment Trainings
- Child Discipline Interventions
- Parenting as One
- Recovery from Infidelity Therapy Training